

Flower Essence Treatment

Flower essences are unscented water-based solution that contains the healing chi (life force imprint) of a flower. They are a form of vibrational or energy medicine. Each flower holds a specific healing energy pattern that balances discordant energy patterns. They work by strengthening, repairing, and realigning electrical energy system or nervous system. They open awareness and help create emotional balance within by helping you to resolve and release the past.

They can calm, support and stabilize you during crisis or work more gradually for achieving long-term emotional and mental balance. They are used on their own or in conjunction with other healing modalities.

The most common way is to take them orally, 3-6 drops, 3 times a day. They can also be used by adding 5-7 drops in a plant sprayer bottle and misting a room or our bodies.